

Winter Adult Education Classes 2012
Jan. 19 - Mar. 8, 2012 (Eight Thursdays)
Peachtree Rd. United Meth. Church, 3180 Peachtree Road, Atlanta, GA 30305

10:00 AM - 11:00 AM

L1. Current Economics

Dr. Ferd Levy returns with his class on Current Economics. Class discussions revolve around daily economic issues mentioned in the Wall Street Journal, the New York Times, the New Yorker and other applicable publications.

L2. Gardening

Different speakers will discuss their gardening experiences. The Master Gardener program of Fulton County will be represented.

L3. Great American Bestsellers

This class will be an overview of the books that shaped America. Books from 1640 to the present will be discussed by Frank Gleason with video lectures by Dr. Conn, Professor of English at the University of Pennsylvania.

L4. Tai Chi

This balance exercise for mind and body done regularly can reduce risk of falls and injury, improve circulation, flexibility, posture, blood pressure and heart rate as well as reduce stress and increase energy. This form of "movement meditation" involves slow, rhythmic movements while breathing deeply. Dawud Rasheed, experienced Tai Chi and Yoga instructor, will combine his expertise to offer this class that will cost \$50 for nonregistered participants and \$25 for registered participants. Ten students needed to offer this class.

L.5 Travel

Fred Scheer is coordinating this class. On any day you may find yourself in England, Pensacola, FL, Argentina, on a Scandinavian Cruise, on the trip of a lifetime, or other exciting locations. No need to bring luggage, just come prepared to relax and enjoy the beauty of our world.

11:15 AM - 12:15 PM

L6. Art History (New - Cycle 1)

The class will begin the art history cycle with prehistoric art and culture. Attention will be paid to contemporary theories and new interpretations of the periods covered. The presentations will be enhanced by digitally projected Power Point. Marilyn Morton will be the instructor.

L7. French Conversation

This class, led by Claudine Thire, will engage in basic French conversation and culture.

L8. Great Decisions

Come and join the lively discussion of eight of the world's most pressing issues. Moderated by the fearless team of Miller and Nixon, their classes promise, once again, to be a thought provoking and stimulating experience.

L9. I Remember

Bring your memories and experiences, paper and pen to write your story. We spend class time sharing what we write. Ruth Barnwell has much experience in leading you through the process.

L10. Line Dancing

Join the fun as Rose Haven leads low risk, low impact line dancing to get both your mind and body active. Ten Students must register to cover the cost of the class. There is a fee of \$50 for Line Dancing ONLY. \$48 for class registrants plus \$25 for Line Dancing.

L11 . The Churchill Women

Three women, Sara, Jenny and Clementine, played a major role in shaping the history of England. Frances McKibben will present this exciting class.

12:30–1:30 LUNCH

Lunch is offered for **\$8.00** and is by reservation and PREPAYMENT only, or you may bring your lunch. Drinks are 50 cents.

1:30 PM - 3:30 PM**L12. Bridge for Fun**

Bring three friends, or meet three new friends, and a deck of cards to enjoy an afternoon of bridge. We provide the tables and you provide the challenge and the fun.

L 13. Mahjong

Mahjong is a game for four players that originated in China. Bring your friends and your Mahjong set.

L14. Movie Matinee

Keep up with movies that you may have missed at the best bargain in town. We show the latest in award winning movies, as well as your suggested movies.

L15. The Homage Collage

Participants will create a collage in homage to a special person: a grandchild, an ancestor, or even themselves, their legacy, travel or special experience. For those who think they cannot paint or draw, collage is a way to create meaningfully using things of our lives and culture in an artistic way. Joyce Vroon, a founding member of the Atlanta Collage Society, will lead this class. \$10 supply fee.

Some Extra Things to Know

A member of Peachtree Road United Methodist Church? Attending our classes for the first time? You get **\$10 off your registration!** Fill out the registration form and mail it with a **\$38 check.**

About Lunch:

Lunch is served at 12:30 and is by reservation only. **The cost is \$8.00.** We will make every effort to have menus available a week ahead. For the first session, January 19th, reservations must be made by noon January 16th. Thereafter, reservations or cancellations must be made with LIFESPAN office by noon on Monday of each week. Reservations not used or not cancelled will be billed. For those who bring their lunch, drinks are available for \$0.50. Complimentary lunches are a “thank you” to our wonderful volunteer teachers. **Donations toward the LIFESPAN Teachers’ Lunch Fund *are appreciated.***

★ LUNCH MENU THE FIRST WEEK WILL BE:**Magazine/Book Exchange:**

Bring magazines or books for others to enjoy. Help yourself to what others have brought and return the book when you have finished.

Rides:

LIFESPAN makes every effort to provide a ride for anyone who needs one. Please request transportation on your registration form 10 days prior to the start of classes or call the office.

Scholarships:

Scholarships are available by calling the LIFESPAN office and talking to Laurie Stokes, Executive Director. Donations to this fund are always welcome!

Knife Sharpening & Small Appliance Repair:

Free on Thursday morning, but donations are appreciated. There is a charge for replacement parts. Knives and scissors are sharpened and returned the same day.

Teacher’s Aides:

A Teacher’s Aide is needed for each class to assist the presenter. If you are willing to be a Teacher’s Aide, please check “Yes” on the Registration Form.

Blood Pressure Checks: 11:30–1:00 pm each Thursday during Adult Education Classes.

REMEMBER LUNCH IS NOW \$8.00!

LIFESPAN Adult Education Class Registration Form –Winter 2012 Peachtree Rd. UMC
 3180 Peachtree Road, Atlanta, GA 30305 Jan 19 – Mar 8, 2012 (8 weeks)

Name _____ Phone _____

Address _____ City _____ Zip _____

Email: _____ Congregation _____

First-time participant? Yes No

Need a ride? Yes No Provide a ride? Yes No

Session Registration Fee (covers all Thursday AEC classes) \$48.00

Daily fee is \$8.00 per Thursday. Limited scholarships available. Lunch Jan 19 8.00

Late Registration Fee is \$5.00 effective Thursday, Jan 12, 2012 \$5.00

Classes 10:00 - 11:00 AM

#	Description	Fees
<input checked="" type="checkbox"/> L1	Current Economics	
<input type="checkbox"/> L2	Gardening	
<input type="checkbox"/> L3	Great American Bestsellers	
<input type="checkbox"/> L4	Tai Chi (\$50 – Tai Chi ONLY)	\$25.00
<input type="checkbox"/> L5	Travel	

Classes 11:15 AM - 12:15 PM

#	Description	Fees
<input checked="" type="checkbox"/> L6	Art History	
<input type="checkbox"/> L7	French Conversation	
<input type="checkbox"/> L8	Great Decisions	
<input type="checkbox"/> L9	I Remember	
<input type="checkbox"/> L10	Line Dancing (\$50 Line Dancing ONLY)	\$25.00
<input type="checkbox"/> L11	The Churchhill Women	

1:30 PM – 3:30 PM

#	Description	Fees
<input checked="" type="checkbox"/> L12	Bridge for Fun	
<input type="checkbox"/> L13	Mahjong	
<input type="checkbox"/> L14	Movie Matinee	
<input type="checkbox"/> L15	The Homage Collage (\$10.00 Supply Fee)	\$10.00

Community Events

#	Description	Fees
<input checked="" type="checkbox"/> L16	Book Club –Jan. 30, Feb.27, Mar26	
<input type="checkbox"/> L17	AARP Safe Drive – Mar 15, 2012	
<input type="checkbox"/> L18	Annual Meeting – Thursday, Jan 26, Peachtree Rd. UMC	

Buy a Lunch for a Teacher! One: \$8.00 Two \$16.00

Donation to LIFESPAN Resources (please indicate amount)

404-237-7307

Total Amount

Send all checks to: LIFESPAN Resources, 3003 Howell Mill Rd., NW, Atlanta, GA 30327

Senior Book Club—Mondays at 12:00 Noon

Jan. 30, 2012 - “The Red Queen” by Phillipa Gregory. Reviewer Mimi Roberts.

Feb. 27, 2012 - “Burnt Mountain” by Anne Rivers Siddon. Reviewer Judy Squires.

March 26, 2012 - “The Paris Wife” by Paula Mclean. Terry Gerson.

AARP Driving Safety Program

Thursday, March 15, 2012—9am to 4pm. Call to register (404)237-7307

This is a one day course from 9:00 am to 4:00 pm. Many insurance companies will offer discounts to those who have had this course. Reservations are required. Registration is \$12 for AARP members and \$14 for others, payable to AARP at the class.

Be our Valentines & Bring Yours

Luncheon & Visit Classes—10:00 and 11:15 Classes and 12:30 Luncheon

Peachtree Road United Methodist Church

Reservations by Friday, February 4th, 2012. Bring a friend for a day of classes and a great lunch reduced rate of \$12.00. Join us for the spirit of Valentine’s Day and enjoy the beautiful table decorations.

Mardi Gras Celebration

Thursday, February 23, 2012—12:30 PM Peachtree Road United Methodist Church

For those not registered for AEC Winter Session, join us for a day of classes and lunch for the reduced rate of \$12. Enjoy the spirit of New Orleans nad Mardi Gras as you visit our variety of classes and share the music and spirit of the celebration. Come see the crowning of the King and Queen of Mardi Gras.

DON’T FORGET THE ANNUAL MEETING ON JANUARY 26, 2012

Peachtree Road United Methodist Church at 12:30 pm (See the front page for details)