

Fall Adult Education Classes 2011**Eight Thursdays****Sept. 22 - Nov. 10, 2011****Second Ponce de Leon Baptist Church - 2715 Peachtree Road, Atlanta, GA 30305****10:00 AM - 11:00 AM****L1. Book Reviews**

Eight books will be reviewed by friends of St. Anne's Terrace. The first week, Antoinette Sturm will review, "In the Garden of Beasts - Love Terror and an American Family in Hitler's Berlin" by Erik Larsen and the second week Pat McAdams will review "Bloodroot by Amy Greene." Additional books to be reviewed are "Bound South " by Susan Rebecca White and "Skinner's Drift " by Lisa Fugard. Come and hear these interesting book reviews.

L2. Current Economics

Dr. Ferd Levy returns with his class on Current Economics. Class discussions revolve around daily economic issues mentioned in the Wall Street Journal, the New York Times, the New Yorker and other applicable publications.

L3. Gardening

The Central Fulton Master Gardener program will present various topics centering around fall gardening and how to prepare your garden for winter. Additional topics may include container gardening, xeriscape and pruning. Come grow with us.

L4. "Sessions With John and Jude"

Come hear Dr. Charles Qualls, Assoc. Pastor of Pastoral Care, Second Ponce de Leon Baptist Church, take us on a journey through the letters of John and Jude. This study will inspire, protect, inform and challenge our faith lives such that we are not left the same. Dr. Qualls wrote this book.

L5. Tai Chi

This balance exercise for mind and body done regularly can reduce risk of falls and injury, improve circulation, flexibility, posture, blood pressure and heart rate as well as reduce stress and increase energy. This form of "movement meditation" involves slow, rhythmic movements while breathing deeply. Dawud Rasheed, experienced Tai Chi and Yoga instructor, will combine his expertise to offer this class that will cost \$50 for nonregistered participants and \$25 for registered participants. Ten students needed to offer this class.

11:15 AM - 12:15 PM**L6. Atlanta Opera**

This class will discuss the upcoming season of the Atlanta Opera: "Lucia", "The Golden Ticket", and "Don Giovanni". Bryan Franklin will lead this preview of an exciting season.

L7. Drawing

Continuing drawing of thematic material; room interiors, still life arrangements, etc. Class is designed for beginning-intermediate level student, but is open to all who wish to work in a studio environment.

L8. Current Events

Our faithful duo of Nixon and Miller will again bring us the great stories of the moment as well as the issues on our minds. Come join the lively discussion and class participation!

L9. French Conversation

This class will engage in basic French conversation led by Claudine Thire.

L10 . Line Dancing

Join the fun as Rose Haven leads low risk, low impact line dancing to get both your mind and body active. Ten Students must register to cover the cost of the class. There is a fee of \$50 for Line Dancing ONLY. \$48 for class registrants plus \$25 for Line Dancing.

L11. I Remember

Bring your memories and experiences, paper and pen to write your story. We spend class time sharing what we write. Ruth Barnwell has much experience in leading you through the process.

12:30 - Lunch

Lunch is offered for \$7.00 and is by reservation and PREPAYMENT only, or you may bring your lunch. Drinks are 50 cents.

1:30 PM - 3:30 PM**L12. Bridge for Fun**

Bring three friends, or meet three new friends, and a deck of cards to enjoy an afternoon of bridge. We provide the tables and you provide the challenge and the fun.

L14. Mahjong

Mahjong is a game for four players that originated in China. Bring your friends and your Mahjong set.

L15. Movie Matinee

Keep up with movies that you may have missed at the best bargain in town. We show the latest in award winning movies, as well as your suggested movies.

Some Extra Things to Know

A member of Second Ponce de Leon Baptist Church? Attending our classes for the first time? You get \$10 off your registration! Fill out the registration form and mail it with a \$38 check.

About Lunch:

Lunch is served at 12:30 and is by reservation only. The cost is \$7.00. We will make every effort to have menus available a week ahead. For the first session, Sept. 22nd, reservations must be made by noon Sept. 19th. Thereafter, reservations or cancellations must be made with LIFESPAN office by noon on Monday of each week. Reservations not used or not cancelled will be billed. For those who bring their lunch, drinks are available for \$0.50. Complimentary lunches are a “thank you” to our wonderful volunteer teachers. **Donations toward the LIFESPAN Teachers’ Lunch Fund *are appreciated.***

★ **LUNCH MENU THE FIRST WEEK WILL BE:** Chicken piccata, roasted potatoes and garden vegetable medley (broccoli, carrots & cauliflower), salad, rolls, dessert & beverage .

★ **Carts from the Parking Lot:** There will carts available to take you from the parking lot to the church for our Adult Education Sessions.

Magazine/Book Exchange:

Bring magazines or books for others to enjoy. Help yourself to what others have brought and return the book when you have finished.

Rides:

LIFESPAN makes every effort to provide a ride for anyone who needs one. Please request transportation on your registration form 10 days prior to the start of classes or call the office.

Scholarships:

Scholarships are available by calling the LIFESPAN office and talking to Laurie Stokes, Executive Director. Donations to this fund are always welcome!

Knife Sharpening & Small Appliance Repair:

Free on Thursday morning, but donations are appreciated. There is a charge for replacement parts. Knives and scissors are sharpened and returned the same day.

Teacher’s Aides:

A Teacher’s Aide is needed for each class to assist the presenter. If you are willing to be a Teacher’s Aide, please check “Yes” on the Registration Form.

Blood Pressure Checks:

11:30–1:00 pm each Thursday during Adult Education Classes.

LIFESPAN Adult Education Class Registration Form – Fall 2011 **Second Ponce Baptist**
 2715 Peachtree Road, Atlanta, GA 30305 Sept 22 – Nov 10, 2011 (8 weeks)

Name _____ Phone _____
 Address _____ City _____ Zip _____

Email: _____ Congregation _____

First-time participant? Yes No
 Need a ride? Yes No Provide a ride? Yes No \$48.00
 Session Registration Fee (covers all Thursday AEC classes) Lunch Sept 22 7.00
 Daily fee is \$8.00 per Thursday. Limited scholarships available. Late Registration Fee is \$5.00 effective Thursday, Sept 15, 2011 \$5.00

Classes 10:00 - 11:00 AM

<input checked="" type="checkbox"/>	#	Description	Fees
	L1	Book Reviews	
	L2	Current Economics	
	L3	Gardening with Master Gardeners	
	L4	"Sessions with John and Jude"	
	L5	Tai Chi (\$50 – Tai Chi ONLY)	\$25.00

Classes 11:15 AM - 12:15 PM

<input checked="" type="checkbox"/>	#	Description	Fees
	L6	Atlanta Opera	
	L7	Current Events	
	L8	Drawing	
	L9	French Conversation	
	L10	I Remember	
	L11	Line Dancing (\$50 Line Dancing ONLY)	\$25.00

1:30 PM – 3:30 PM

<input checked="" type="checkbox"/>	#	Description	Fees
	L13	Bridge	
	L14	Mahjong	
	L15	Movie Matinee	

Community Events

<input checked="" type="checkbox"/>	#	Description	Fees
	L16	Book Club – Aug. 29, Sept 26, Oct 31, Nov 28	
	L17	AARP Safe Drive – Oct 28	
	L18	LSR 30 th Anniversary Celebration – 9/14/11 – Lunch & Activities	\$10.00

Buy a Lunch for a Teacher! One: \$7.00 Two \$14.00
 Donation to LIFESPAN Resources (please indicate amount) _____
 404-237-7307 Total Amount _____

Send all checks to: LIFESPAN Resources, 3003 Howell Mill Rd., NW, Atlanta, GA 30327

Computer Class Registration Form
TUESDAY COMPUTER CLASS SCHEDULE – Fall, 2011

Name _____ Phone _____
 Address _____ City _____ Zip _____
 Email: _____ Congregation _____

Session 4: September 20, 2011 – October 18, 2011 (5 Tuesday classes & 1 Online Session)

<input checked="" type="checkbox"/>	#	Time	Description	Fees
	C1	9:30 – 11:30 AM	Presentations and Design (PowerPoint and Photoshop Elements) PowerPoint is a program for creating and showing presentations. Photoshop Elements is a program to edit images, clip art and photos.	69.00
	C2	1:00 – 3:00 PM	Intermediate Computer Skills This course takes materials presented in our Introductory classes at a more advanced level. We will utilize WORD, EXCEL and spend time on the Internet. We customize to the needs of our students and will work in small groups.	69.00

Holiday Session: November 1, 2011 – November 22, 2011 (4 Sessions)

<input checked="" type="checkbox"/>	#	Time	Description	Fees
	C5	1:00 – 3:00 PM	Digital Holiday We will take your digital photos, edit them using Photoshop Elements, and design a holiday card. Students will have a completed card ready to be printed by the end of class.	49.00

TOTAL

Registration fee includes class materials

Send all checks to: LIFESPAN Resources, 3003 Howell Mill Rd., NW, Atlanta, GA 30327
 To get more information or register online, go to www.lsrseminors.org