

**Spring Adult Education Classes 2011**  
**April 7 - May 26, 2011 (Exclude May 5) - Peachtree Presbyterian Church**

### **10:00—11:00 AM**

#### **L1. Current Economics**

Economic theory and issues permeate all of our lives each day. The course covers current economic problems from all sides by showing the economic principles that impinge on and underlie them and the data sources available to better understand them. Dr. Ferd Levy will lead this class.

#### **L2. Defining the Twentieth Century**

During the twentieth century we went from riding in horse drawn buggies to walking on the moon. This course will explore some of the things that helped to define the twentieth century including the automobile, aviation, radio, the great depression, WWII, education, the space program, and computers. Ronald R. Thomas is a retired communications specialist and the author of two books. Ron will lead this class.

#### **L3. People of the American Revolution**

Jack Ferguson, a member of the Piedmont Chapter of the Sons of the American Revolution, will continue the series on the American Revolution that includes stories on people and events. Jack tries to entertain you as much as educate you about the founding of our Country.

#### **L4. Spanish Conversation Continues**

Aidan Wilber will help us converse in Spanish by teaching a fun conversation class. Aidan, a UGA alumnus and former teacher at Lovett School, has studied in Valencia, Spain and will also share those experiences. This class will be a continuation of the Fall 2010 Spanish Conversation Class. Newcomers welcome if you have knowledge of Spanish.

#### **L5 Tai Chi**

This balance exercise for mind and body done regularly can reduce risk of falls and injury, improve circulation, flexibility, posture, blood pressure and heart rate as well as reduce stress and increase energy. This form of "movement meditation" involves slow, rhythmic movements while breathing deeply. Dawud Rasheed, experienced Tai Chi and Yoga instructor, will combine his expertise to offer this class that will cost \$50 for nonregistered participants and \$25 for registered participants. Ten students needed to offer this class.

### **11:15 AM — 12:15 PM**

#### **L6. Art History: Modern**

A continuation of the art survey in which art images forsake beautiful verisimilitude for the puzzling, the quirky, the idiosyncratic: abstraction. We will consider foundational questions i.e., is beauty necessary? Does its definition change? Why are changes in art threatening? And other important issues. Marilyn Morton will lead the class.

#### **L7. Consider Your Vision**

Have you noticed needing assistance in dimly lit places, with navigating stairs, sensitivity to glare or difficulties seeing the food on your plate? This class will be for those who have low vision and want to learn innovative ways to deal with your changing world. The classes will cover practical adaptations to adjust to vision loss. Nell Robison, from the Center for Visually Impaired, will lead this class.

#### **L8. I Remember**

Bring your memories and experiences, paper and pen to write your story. We spend class time sharing what we write. Ruth Barnwell has much experience in leading you through the process.

#### **L9. Line Dancing**

Join the fun as Rose Haven leads low risk, low impact line dancing to get both your mind and body active. Ten Students must register to cover the cost of the class. **There is a fee of \$50 for Line Dancing ONLY. \$48 for class registrants plus \$25 for Line Dancing.**

#### **L10. Intro to French Conversation**

This class will introduce participants to informal and formal greetings, primary colors, the alphabet and numbers up to twenty. Basic phrases and relationship titles will also be included. Nanyamka Glover will lead this class.

**L.11 Come Sing with Us**

Come sing songs of yesteryear and today. Our main goal will be to have fun. We will be directed by Jerry Black, Music Director and Organist of Covenant Presbyterian Church, Marietta.

**12:30 PM—Lunch**

Lunch is offered for \$7.00 and is by reservation and prepayment only, or you may bring your lunch. Drinks are 50 cents.

**1:30 PM—3:30 PM**

**L12. Bridge for Fun**

Bring three friends, or meet three new friends, and a deck of cards to enjoy an afternoon of bridge. We provide the tables and you provide the challenge and the fun.

**L13. Intermediate Art**

Experienced artists brush up on design principles and water color techniques. Anne McDonald will lead this class.

**L14. Mahjong**

Mahjong is a game for four players that originated in China. Bring your friends and your Mahjong set.

**L15. Movie Matinee**

Keep up with movies that you may have missed at the best bargain in town. We show the latest in award winning movies, as well as your suggested movies.

LIFESPAN Adult Education Class Registration Form –Spring 2011 Peachtree Presbyterian  
 April 7, - May 26, 2011 (Exclude May 5)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_ Congregation \_\_\_\_\_

First-time participant? Yes  No

Need a ride? Yes  No  Provide a ride? Yes  No

Session Registration Fee (covers all Thursday AEC classes) \$48.00

Daily fee is \$8.00 per Thursday. Limited scholarships available. Lunch April 7 7.00

Late Registration Fee is \$5.00 effective Thursday, March 31, 2011 \$5.00

**Classes 10:00 - 11:00 AM**

#	Description	Fees
<input checked="" type="checkbox"/> L1	Current Economics	
L2	Defining the 20 <sup>th</sup> Century	
L3	People of the American Revolution	
L4	Spanish Conversation Continues	
L5	Tai Chi (\$50 – Tai Chi ONLY)	\$25.00

**Classes 11:15 AM - 12:15 PM**

#	Description	Fees
<input checked="" type="checkbox"/> L6	Art History: Modern	
L7	Consider your Vision	
L8	I Remember	
L9	Line Dancing (\$50 Line Dancing ONLY)	\$25.00
L10	Intro to French Conversation	
L11	Come Sing with Us	

**1:30 PM – 3:30 PM**

#	Description	Fees
<input checked="" type="checkbox"/> L12	Bridge for Fun	
L13	Intermediate Art	
L14	Mahjong	
L15	Movie Matinee	

**Community Events**

#	Description
<input checked="" type="checkbox"/> L17	Book Club – April 23, May 23, June 27, July 25
L18	AARP Safe Drive – June 23
L19	Craft Club - April 13, May 11, June 8, July 13

Buy a Lunch for a Teacher! One: \$7.00 Two \$14.00  
 Donation to LIFESPAN Resources (please indicate amount) \_\_\_\_\_

Total Amount \_\_\_\_\_  
 Send all checks to: LIFESPAN Resources, 3003 Howell Mill Rd., NW, Atlanta, GA 30327

For information on Computer Classes, go to [www.lrseniors.org](http://www.lrseniors.org) or Email: [peggy@lrseniors.org](mailto:peggy@lrseniors.org)